

Welcome to FQMS

Ms. Luongo, School Counselor

Last names A - L

Ms. Coonts, School Counselor

Last names M - Z

What is My Child Doing Today at Orientation?

- Meeting their homeroom teacher
- Getting a copy of their schedule
- Touring the building
- Practicing their locker combination
- Attending Period 1 & 2 classes to learn about routines

Outdoor Education



- October 10-12, 2018
- This program emphasizes building positive relationships with peers, staff and parent volunteers. Please encourage your child to participate.
- Staff Contact:

Sherri Capurso, 6th Grade Science Teacher
sherri_capurso@hcpss.org

What is the Bell Schedule at FQMS?

- 50-minute periods
- 3-minute passing times

7:40 – 8:34	Period 1 w/TV announcements at 7:40
8:34 – 8:37	Passing Time
8:37 – 9:27	Period 2
9:27 – 9:30	Passing Time
9:30 – 10:20	Period 3
10:20 – 10:23	Passing Time
Periods 4/5 & Lunch 10:23 – 12:39	<div>6th Lunch (10:23-10:53)</div> <div>(Passing Time 10:53-10:56)</div> <div>Period 4 (10:56-11:46)</div> <div>(Passing Time 11:46-11:49)</div> <div>Period 5 (11:49-12:39)</div>
12:39-12:42	Passing Time
12:42 – 1:32	Period 6
1:32-1:35	Passing Time
1:35 – 2:25	Period 7

Sample Schedule

- 7 periods a day
- Periods 1,2,3,4,5
 - ELA, Math, Science, Social Studies, Reading Module or Performing Arts (Band, Chorus, Orchestra)
- Periods 6 & 7
 - Related Arts
 - PE
 - Health/Careers
 - Art/FACS/Tech Ed/Music
 - G/T research (some students)

Howard County
Public School System

Folly Quarter Middle School
Student Schedule

Year: 2016-2017
Report: STU202

Student Information

Student Name: _____ Student ID: _____ Gender: **F** Grade: **06**

Schedule Information

Per	Term	Section ID	Course	Meet Days	Teacher	Room
S1						
0	FY	6900-0001	6900 - Homeroom	A B	Ault, E.	01
1	FY	6941-6941-04	6941 - Science I	A B	Capurso, S.	SCI 2
2	FY	6911-6911-05	6911 - English Language Arts (ELA)	A B	Speace, J.	21
3	E1	6977S-6977S-02	6977S - Tech Ed	B	Copanic, K.	Tech Ed
3	E1	6975S-6975S-01	6975S - Family & Consumer Science	A	Terry, T.	FACS
4	FY	6999-0001	6999 - Lunch	A B	Conroy, S.	
5 - 6	FY	6917-6917-01	6917 - Innovation & Inquiry Reading	A B	NetoFurlong, A.	02
7 - 8	E1	6982S-6982S-04	6982S - Health	B	Fusco, J.	HEALTH
7 - 8	EY	6981-6981-06	6981 - Physical Education	A	Sharp, V.	Gym
9	FY	6922-6922-01	6922 - Com Core Math 7	A B	Clingan, R.	05
10	FY	6952-6952-01	6952 - Geography/World Cultures	A B	Cusack, B.	09
S2						
0	FY	6900-0001	6900 - Homeroom	A B	Ault, E.	01
1	FY	6941-6941-04	6941 - Science I	A B	Capurso, S.	SCI 2
2	FY	6911-6911-05	6911 - English Language Arts (ELA)	A B	Speace, J.	21
3	E2	6974S-6974S-03	6974S - Art	A	Fauth, T.	Art
3	E2	6976S-6976S-04	6976S - Music (General)	B	Sartor, S.	Choral
4	FY	6999-0001	6999 - Lunch	A B	Conroy, S.	
5 - 6	FY	6917-6917-01	6917 - Innovation & Inquiry Reading	A B	NetoFurlong, A.	02
7 - 8	E2	6917ES-6917ES-08	6917ES - Expanding & Exploring Ca	B	Batson, W.	SEM 2
7 - 8	EY	6981-6981-06	6981 - Physical Education	A	Sharp, V.	Gym
9	FY	6922-6922-01	6922 - Com Core Math 7	A B	Clingan, R.	05
10	FY	6952-6952-01	6952 - Geography/World Cultures	A B	Cusack, B.	09

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How Can I Assist my Child in Meeting *Academic Challenges*?

1) Help Them Get Organized:

- Show them how to use the agenda book
- Make sure they unpack their backpack every day
- Have them sort through their papers and organize by class
- Have them prioritizing assignments
- Have a set homework time
- Debrief daily about school day
- Have them pack up each night after homework. FQMS is an early school. School hours are 7:40 AM - 2:25 PM
- Attend Back To School Night on **Thursday, 9/13/18 6:30 PM**

Are You Familiar With Canvas?

- Canvas is used every day at FQMS by all teachers and students.
- Pick a night each week to sit and check each teacher's Canvas page with your child.
- Set up parent notifications.
- Homework is often posted for access at home.

How Can I Assist my Child in Meeting *Social Challenges*?

- Monitor their use of electronic devices for safety and appropriateness.
- Encourage your child to be open to new acquaintances and to be a good friend.
- Assist your child with ways to work out peer conflicts.
- Be positive when discussing new relationships with students and staff.
- Encourage participation in extra-curricular activities.

Social Media Night

Innocence Stolen: Protecting Our Children Online

- Presented by: Vince DeVivo, Community Outreach Specialist for the United States Attorney's Office

MARK YOUR CALENDARS!

October 2, 2018

6:00 pm

FQMS cafeteria

How Can I Assist my Child in Meeting *Emotional Challenges*?

- Educate yourself about the developmental tasks and expected difficulties of middle school-aged children (online resources and Howard County Library).
- Engage assistance of school counselors, teachers and other staff members.
- Provide tips for managing stress during the transition to middle school.
- Remind your child of his/her past challenges and successes (resilience + strength = success).
- Offer TLC, encouragement, and support for small successes.

What is the Typical Time Frame for Students to Adjust to the Middle School Routine?

- Each child is different.
- First quarter: It takes time to adjust to daily routines and responsibilities.
- Second quarter: Most students follow routines, but some students are still dependent on adults for daily routines and responsibilities.
- Throughout middle school, we are constantly increasing expectations and encouraging more independence.

What are the Most Effective Ways to Communicate with the Teacher About Assignments and Progress?

- HCPSS CONNECT
 - <http://www.hcpss.org/connect/>
 - HCPSS Connect provides access to a variety of student information and classroom instructional tools; offering personalized communication and timely, relevant, and easily accessible information relating to your student.
- Email the teacher
- Arrange a parent conference
- Contact the school counselor to set up a group conference with all of your child's teachers

What Extra-Curricular Activities are Offered?

- Offered 3x per year (Fall, Winter, Spring) depending on teacher availability and funding
- Past clubs include: Homework Club, Lego Robotics, Art Club, Leo Club (Community Service), Memory Book, Cooking, Falcons Friends
- Girls on the Run (W/Th from 2:30 pm - 3:45 pm) offered fall and spring
- Clubs are advertised each week in the “FQMS Falcon Flyer” and announced on the daily morning TV show.

What are the Most Effective Ways to Keep Up With the HCPSS/FQMS News?

- Check the FQMS website <http://fqms.hcpss.org/>
- Sign up on the HCPSS website for HCPSS news and specific school newsletters/alerts:
<http://www.hcpss.org/hcpss-news/>
- Review handouts sent home with your student

How Can I Get More Information?

- Review the first few pages of the student agenda book for resources and policies.
- FQMS website <http://fqms.hcpss.org/>
- **Front office** - attendance (late arrival, early dismissal, absentee notes, pre-arranged absences), intramural information, Health room, to contact administrators
- **Student Services** - student schedules, access to HCPSS CONNECT, registration, student cumulative records, to contact School Counselors, School Psychologist, or Pupil Personnel Worker
- Other parents!

BACK TO SCHOOL WISDOM:

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**“YOU’RE OFF TO GREAT PLACES.
TODAY IS YOUR DAY!
YOUR MOUNTAIN IS WAITING,
SO GET ON YOUR WAY!”**

DR. SEUSS