

FALCON FLYER

Folly Quarter Middle School



13500 Triadelphia Rd. | Ellicott City, MD 21042 | 410.313.1506 | 410.313.1514 - Guidance | <http://fqms.hcpss.org/>

November 21, 2014

NEXT WEEK

11/24 – B Day – Schools close 3 hrs. early, conferences
11/25 – A Day – Schools close 3 hrs. early, conferences
11/26 – Schools closed for students, conferences
11/27 - 28 – School & offices closed for Thanksgiving



UPCOMING DATES

12/12 – Interim progress reports issued
12/23 – Falcon Day
12/24 – 1/2 – Schools closed for Winter Break
1/19 – Schools & offices closed for MLK, Jr. Day
1/22 – All schools close 3 hours early, Prof. Day
1/23 - All schools close 3 hours early, end of marking period

PBIS STUDENTS OF THE WEEK!

Folly Quarter is proud to recognize the following students as our Positive Behavioral Interventions and Supports (PBIS) Students of the Week:

Alisha Mahajan: 6th grade
Chris Howze: 7th grade
Zoe Mongbet-Lamare: 8th grade



THANK YOU!

A big "Thank You" to all the parents who took their personal time to join us for American Education Week!

CONFERENCES

Conferences begin next Monday. PickAtime is now closed. If you did not sign up for a conference and you'd like to have one, you can call Student Services at 410-313-1514 and they may be able to get you on the schedule.

PICTURE RE-TAKE DAY IS DECEMBER 2ND

If your child missed Picture Day, please watch for a form to come home today. If your child needs a picture re-take, please have them come to the front office and pick up a new form.

NEW HCPSS EMAIL ALERT SYSTEM

HCPSS is upgrading its HCPSS News communication system. Using email and text alerts, this keeps parents/guardians, staff, and community members up to date on news and events, and delivers real-time information on bus schedule changes, weather-related closings and emergency information.

Parents/guardians of HCPSS students will no longer need to sign up for, or manage an HCPSS News account. Utilizing contact information submitted through the Emergency Card process, parents and guardians automatically will receive messages from the district and their child's school. Parents should not re-sign up for email or text alerts.

Community members or any non-HCPSS parent must sign up to continue to receive email messages from the district and/or specific schools. All employees who do not have children enrolled in an HCPSS school, or who wish to make additional school selections, must

also sign up for these messages. To sign up, go to <http://www.hcpss.org/hcpss-news/>

For more information, please email webmaster@hcpss.org or call HCPSS Public Information, 410-313-6682.

MEET THE STAFF MEMBER: Ms. Sherman!

I grew up in Queens, New York. I got my BA at Queens College, and my first MA at Simmons College in English. I got my second MA at Simmons College in Special Education.

I lived in England for the first year I was married and taught English at a boys' school. In fact the night of the day we got married, we flew to England and lived in London. I lived in New Haven, Connecticut while my husband finished a PH.D in history. I taught high school English there. Then we moved to Blacksburg, Virginia. My husband taught at Virginia Tech and I taught 8th grade English. Then we moved to Cincinnati, Ohio and I taught English at Mt. Healthy High School. Next we lived in Vermont and I taught at a private school for learning disabled adolescents.

I have a daughter and three grandchildren. Zach is 5, Lily is seven about to turn 8, and Jacob is 9. They live in Olney, and I live in Carroll County. I moved to Maryland in 2003 and was at FQMS when it first opened. I have been here ever since as a special educator.

EYEGASSES RECYCLED AT FQMS

The Glenwood Lions Club has a box in the Front Office at FQMS to collect unwanted eyeglasses.



GIANT A+ SCHOOL REWARDS

Please remember to register your Giant card so Folly Quarter can start receiving A+ School Rewards! You can register online at: www.giantfood.com/aplus, ID# 04546 – OR – by calling 1-877-275-2758 to register your card by phone (phone numbers cannot be accepted in place of GIANT CARD numbers). Also, don't forget to encourage your friends and relatives to do the same! Thank you!



FOLLOW US ON TWITTER!

<https://twitter.com/FQMSmedia>



HEALTHY RECIPE CORNER

Southwestern Chicken and Pasta

Recipe from Mayo Clinic

- 1 cup uncooked whole-wheat rigatoni
- 2 boneless, skinless chicken breasts, each 4 ounces, cut into cubes
- 1/4 cup salsa
- 1 1/2 cups canned unsalted tomato sauce
- 1/8 teaspoon garlic powder
- 1 teaspoon cumin
- 1/2 teaspoon chili powder
- 1/2 cup canned black beans, rinsed and drained
- 1/2 cup fresh or canned corn
- 1/4 cup shredded CoJack (Colby and Monterey Jack) cheese

Fill a large pot 3/4 full with water and bring to a boil. Add the pasta and cook until al dente (tender), 10 to 12 minutes, or according to the package directions. Drain the pasta thoroughly.

Spray a large, heavy skillet with cooking spray. Over medium heat, saute the chicken until browned and opaque throughout, 7 to 10 minutes. Stir in the salsa, tomato sauce, garlic powder, cumin, chili powder, black beans and corn. Stir thoroughly and cook until heated through. Add the pasta and gently toss to mix evenly. Sprinkle each serving with 2 tablespoons cheese. Serve immediately.



PTA

FQMS SCHOLASTIC BOOK FAIR

FQMS Scholastic Book Fair will run from November 19-24 this year. The fair is open from 7:30-2:30 on November 19, 20, and 21 and from 10:00-7:00 on November 24 and 25. Your student(s) will visit the fair during math class on 11/19, 11/20, or 11/21. They can visit the fair during their lunchtime each day the fair is open. The fair will also be open during conference time for parents to shop. There is also the opportunity to pick out a book(s) for your child's teacher and donate it to their classroom collection. Please help support this PTA activity. Any questions, please contact Kathleen Jeffery at kept.irish@yahoo.com.

*Adult volunteers are still needed on 11/24 and 11/25 from 12-2:00 and 2:00-4:30 if you have time to help out. Please use contact above to sign up.

SPIRIT WEAR

FQMS Spirit Wear is available for you to order for your student just in time for holiday delivery! An order form can be found here <https://www.hcpsnews.com/upload/Folly%20Quarter/FQMS%20Spiritwear%20order%20form.pdf> and on the PTA website and should be sent to school in an envelope marked "Spirit Wear Order," with the form and check inside. **ORDERS MUST BE PLACED NO LATER THAN DECEMBER 1st TO GUARANTEE DELIVERY PRIOR TO WINTER BREAK.** Keep in mind that is the first day back from Thanksgiving Break. If you have questions about spirit wear, please email Cindy Skalny at cindyskalny@verizon.net.

JOIN THE PTA!

Become a Member of the PTA. Forms were sent home in the First Day Folders - but are also available on-line at www.FollyQuarterPTA.org

VOLUNTEER!

Stay involved with your kids! Volunteer your time and talents - we need your help! We welcome your assistance in all areas - but the following committees need your help: Cultural Arts, Falcon Day, Fundraising, and Membership.



BOXTOPS!

Please send in all your valid boxtops! All our boxtops money goes directly to the FQMS PTA's wonderful programs. Thanks, as always, for your support of FQMS!

FQMS PTA RECYCLES INK CARTRIDGES

You can drop off your used ink and toner cartridges, of all kinds, in the front office. Place a bag next to your printer to remind you to recycle the cartridges.. Collection bags are available in the main office. **EVEN BETTER** ~ collect ink and toner cartridges from your office, business or church!! The more you collect, the more you support the PTA and help save our Earth!!

PTA NEWSLETTER VOLUNTEER

The PTA is looking for a volunteer to put together a PTA newsletter. Please contact Cindy Coburn at FQMSPTA.President@gmail.com if you are interested.

HIGH SCHOOL NEWS

HOW TO PAY FOR COLLEGE SEMINAR

Congressman Elijah Cummings' 18th Annual How to Pay for College Seminar, December 8th, 5-8 pm at the Enoch Pratt Free Library, 400 Cathedral St., Baltimore, MD 21201. Financial Aid Seminar, 6:30-7:30 at the Wheeler Auditorium. Please RSVP to the office of Rep. Elijah Cummings at <http://cummings.house.gov/> or contact 410-685-9199.



GLENELG

The Glenelg Marching Unit is currently taking orders for their December Fruit Sale. We are offering Ruby Red Grapefruit, Florida Navel Oranges, Tangerines, Mandarins and a Variety Pack. The deadline for orders is Tuesday, November 25th. Fruit will be available for pick-up at Glenelg High School on Saturday, December 13th between 11:00 and 1:00. Please help support the Glenelg Marching Unit by purchasing fruit. For more information and to get the order form please go to www.glenelgbands.com. Questions? Call Dianne Kvech (410)489-2951 or Meredith Haussler (410)442-0263 or email fruitsales@glenelgbands.com. Thank you.

Glenelg Marching Unit Restaurant Fundraiser Wednesday, December 3rd at Ten Oaks Tavern

All day! No coupon needed, simply eat in or carry out on December 3rd at Ten Oaks Tavern / 3900 Ten Oaks Rd / 410-988-9816
Support the kids of our community by eating at the Ten Oaks Tavern on Wednesday, December 3rd, anytime during the day and night!



RIVER HILL

The River Hill High School Theatre Arts Department announces auditions for the March 2015 production of High School Musical. Auditions are open to all interested Howard County students in grades 6-8. All auditions will be held November 19-21 at RHHS as follows. Wednesday, November 19 (2:30 – 4:00) – Vocal Auditions for RHHS students Wednesday, November 19 (4:30 – 6:30) – Vocal and Dance Auditions for students in grades 6-8 Thursday, November 20 (2:30 – 4:30) – Dance Auditions for RHHS students Friday, November 21 (2:30 – 5:30) – Callbacks. **All interested students in grades 6-8 should send an e-mail to River Hill Theatre Arts Director Pam Land (pland@hcps.org) to request a detailed audition information packet.**



COMMUNITY NEWS

FOOD PANTRY

THE GLENELG UNITED METHODIST CHURCH (GUMC) FOOD PANTRY IS OPEN EVERY THIRD SATURDAY OF THE MONTH 9-11am. Call 410-489-7260 or email: glenelgumcpantry@gmail.com. We are accepting cash donations.

YMCA TURKEY TROT CHARITY 5K

A walk/run benefiting the Y of Central Maryland's Give Every Child a Chance campaign Thanksgiving Morning, Nov. 26, 8:30 a.m., Long Gate Shopping Center, Ellicott City. Register today at www.ymaryland.org

WESTERN HOWARD COUNTY YOUTH BASEBALL & SOFTBALL LEAGUE SPRING 2015 REGISTRATION

Brochures are available in the front office. For players aged 4-18. More information and registration at www.howardcountymd.gov/rap

SYMPHONY OF LIGHTS

Howard County General Hospital Annual Symphony of Lights Symphony Woods off of Broken Land Parkway in Columbia, Md. Wed.-Mon., 6-10 p.m. starting Nov. 17 -Jan. 4. In addition to nightly drives, Symphony of Lights offers special events. Event information is available by calling the Symphony of Lights Information Line at 410-740-7666 or by visiting www.hcgh.org/symphonyoflights

